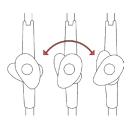
Popab INGRID



Reducing or eliminating painful pressure to the hands



The ergonomically customized hand grips may be individually adjusted



The elastic strap frees the user's hands for day-to-day activities



The Ingrid products are made in Sweden

INGRID Elbow Crutch

Ingrid Elbow Crutch is a result of a team effort of Swedish physical therapists, orthopedic surgeons and experts within ergonomic design to develop a crutch especially designed for those that have to take short steps and do not use the "swing-through-gait" – whether young or old, whether needing one or two crutches and whether the need is temporary or permanent.

Forearm support at an increased angle

Ingrid Elbow Crutch has several key features which improve the user's mobility without the associated painful pressure, as compared to traditional products.

Its most unique feature is the forearm support being at an increased angle to the main support shaft, allowing the forearm to absorb a greater share of the user's weight, thus reducing or eliminating painful pressure to the hands.

Ergonomically customized hand grips

The hand grips, which are ergonomically customized for both the left and right hands, provide just enough friction for a strong hold, without being too hard or soft. The standard is for the wrist to be kept in its neutral, most stable position; however, the grips may also be individually adjusted in instances where the user's wrist mobility is limited.

The Ingrid Elbow Crutch user's forearm is comfortably supported by an adjustable-length, padded cuff, which further relieves pressure on the elbow.

Elastic strap over the forearm

Unlike traditional devices, Ingrid Elbow Crutch will be equipped with an adjustable elastic strap over the forearm which, without putting the crutch down, will free the user's hands for day-to-day activities.

